UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

Current Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (date of earliest event reported) January 28, 2005

Ashlin Development Corporation

(Exact name of registrant as specified in its charter)

Florida

(State or other jurisdiction of incorporation)

000-29245

65-0452156

(Commission File Number)

(IRS Employer Identification No.)

4400 North Federal Highway, Suite 210, Boca Raton, Florida 33431

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code (561) 391-6196

Health & Nutrition Systems International, Inc.

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of th
registrant under any of the following provisions:
☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 1.01 Entry into a Material Definitive Agreement

On January 28, 2005 (the "Effective Date"), the U.S. Bankruptcy Court, Southern District of Florida, in Fort Lauderdale, Florida (the "Bankruptcy Court") declared the Amended Plan of Reorganization (the "Plan") of Ashlin Development Corporation, a Florida corporation (f/k/a Health & Nutrition Systems International, Inc.) (the "Company") effective. As a result, Mr. James A. Brown, the Company's Chief Executive Officer and the Chairman of the Board of its Board of Directors will be issued 300,000 shares of common stock of the Company (the "Shares") in accordance with the terms of the Employment Agreement dated November 19, 2004, between the Company and Mr. Brown, which was subject to the effectiveness of the Plan (the "Employment Agreement"). The parties have agreed that the fair market value of the Shares as of the date of issuance is the closing price of the common stock on November 18, 2004 multiplied by the number of Shares (the "Issuance Value"). The Employment Agreement also provides that Mr. Brown will continue to serve as Chief Executive Officer of the Company until November 19, 2005 and will receive annual compensation of \$86,200. The Company will have the right to repurchase the Shares at the Issuance Value if Mr. Brown leaves the Company prior to the expiration of the Employment Agreement, or in the event he is terminated for cause.

The Item 2.01 disclosure set forth below is incorporated herein by reference.

Item 2.01 Completion of Acquisition or Disposition of Assets

On the Effective Date the sale of substantially all of the Company's assets (the "Assets") to TeeZee, Inc., a Florida corporation (the "Purchaser"), pursuant to the Asset Purchase Agreement dated October 15, 2004, between the Company and Purchaser (the "Asset Purchase Agreement") also became effective. The President and sole shareholder of the Purchaser is Christopher Tisi, a former Director and the former Chief Executive Officer of the Company. Mr. Tisi also currently owns approximately 12% of the outstanding common stock of the Company. The Asset Purchase Agreement was entered into as part of the Plan. The closing of the sale was a condition precedent to, and effective upon, the effectiveness of the Plan.

The purchase price for the Assets was \$2,191,160.23 (the "Purchase Price"), which consisted of the assumption by the Purchaser of \$1,841,160.23 of liabilities of the Company, a cash payment from the Purchaser to the Company of \$250,000, and the release to the Company of \$100,000 in cash that had been funded by the Purchaser into escrow in accordance with the terms of the Asset Purchase Agreement. The Purchase Price was determined in accordance with the terms of the Asset Purchase Agreement and no other bid was received for the Assets in connection with the Plan.

In connection with the sale, the Company changed its name to "Ashlin Development Corporation" and assigned its rights to the name "Health & Nutrition Systems International, Inc." to the Purchaser.

Item 9.01 Financial Statements and Exhibits

- The following pro forma financial information is included herein pursuant to Item 9(b):
 Unaudited Pro Forma Balance Sheet as of September 30, 2004.
 Unaudited Pro Forma Statement of Operations for the Nine Months Ended September 30, 2004.
 Unaudited Pro Forma Statement of Operations for the Year Ended December 31, 2003.
- (c) Exhibits.

Exhibit Number	Description
10.1	Employment Agreement dated November 19, 2004, between James A. Brown and the Company (incorporated herein by reference to Exhibit 3 to Exhibit 2.1 of the Form 8-K of the Company filed with the Commission on January 14, 2005).
10.2	Asset Purchase Agreement dated October 15, 2004, between the Company and the Purchaser (incorporated herein by reference to Exhibit 2 to Exhibit 2.1 of the Form 8-K of the Company filed with the Commission on January 14, 2005).
99.1	Press Release dated January 27, 2005.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ASHLIN DEVELOPMENT CORPORATION

By: /s/ James A. Brown

James A. Brown Chief Executive Officer

Date: February 1, 2005

UNAUDITED PRO FORMA FINANCIAL INFORMATION

The following unaudited pro forma balance sheet of the Company as of September 30, 2004 is presented as if the sale of substantially all the assets of the Company was consummated as of September 30, 2004.

The following unaudited pro forma statements of operations for the nine months ended September 30, 2004 and the year ended December 31, 2003 are presented as if the sale of substantially all the assets of the Company was consummated as of the beginning of the periods presented.

The unaudited pro forma information was prepared utilizing the accounting policies outlined in the historical financial statements of the Company. The unaudited pro forma condensed balance sheet and statements of operations do not purport to represent the Company's results of operations for future periods, and should be read in conjunction with the historical financial statements of the Company.

Ashlin Development Corporation f/k/a Health & Nutrition Systems International, Inc. Pro Forma Balance Sheet as of September 30, 2004 (Unaudited)

	Unaudited September 30, 2004		Pro Forma Adjustments			Pro Forma
ASSETS						
Current assets:						
Cash	\$	16,961		333,039	-	350,000
Accounts receivable, net		46,550		-	46,550 (a)	-
Inventory, net		1,030,484		-	1,030,484(a)	-
Prepaids and other current assets		97,095		-	52,095 (a)	45,000
Total current assets		1,191,090	_	333,039	1,129,129	395,000
Property and equipment, net		84,487		-	84,487	-
Other assets:						
Trademarks, net		409		-	409 (a)	-
Security deposits		8,019		-	8,019 (a)	
Total other assets		8,428		-	8,428	-
Total assets	\$	1,284,005	\$	333,039	\$ 1,222,044	\$ 395,000
LIABILITIES AND STOCKHOLDERS' DEFICIT						
Current liabilities:						
Accounts payable	\$	1,433,601		1,433,601	- (a)	-
Accrued expenses		283,272		250,772	- (a)	32,500
Notes payable, current portion		394,980		394,980	(a)	
Total current liabilities		2,111,853		2,079,353	-	32,500
Stockholders' deficit: Common stock, \$ 0.001 par value, authorized 30,000,000 shares; 3,832,813 and 3,832,813 shares issued and outstanding at December 31, 2003 and 2002,						
respectively		3,830		_	-	3,830
Additional paid-in capital		858,612		_	-	858,612
Accumulated deficit		(1,690,290)		1,222,044	2,412,392(a)	(499,942)
Total stockholders' deficit		(827,848)		1,222,044	2,412,392	362,500
Total liabilities and stockholders' deficit	\$	1,284,005	\$:	3,301,397	\$ 2,412,392	\$ 395,000

Note (a)To record the disposition of substantially all of the assets for \$350,000 and the assumption of \$2,079,353 of liabilities of the Company. Assumes the disposition occurred September 30, 2004

Ashlin Development Corporation f/k/a Health & Nutrition International, Inc Pro Forma Statement of Operations for the Nine Months Ended September 30, 2004 (Unaudited)

	Unaudited September 30, 2004		Unaudited			
			Pro Forma	Pro Forma		
Net revenue	\$	6,342,588	6,342,588	-(a)	-	
Cost of sales		2,753,729	-	2,753,729 (a)	-	
Gross profit		3,588,859	6,342,588	2,753,729		
Operating expense:						
General and administrative expense		2,621,158	-	2,324,615 (a)	296,544 (b)	
Advertising and promotion		2,121,575	-	2,121,575 (a)	-	
Depreciation and amortization		30,140		30,140 (a)	-	
Total operating expense	_	4,772,873		4,476,330	296,544	
Income (loss) from operations	_	(1,184,015)	6,342,588	7,230,059	(296,544)	
Other income (expense):						
Gain on disposition		-	-	1,190,348 (a)	1,190,348	
Interest expense		(25,353)	-	25,353 (a)	-	
Other income (expense)		4,515	4,515	-	-	
Total other income (expense)		(20,838)	4,515	1,215,701 (a)	1,190,348	
Income (loss) before income taxes		(1,204,853)	6,347,103	8,445,760	893,804	
Benefit (provision) for income taxes		-	-	-	-	
Net income (loss)	\$	(1,204,853)	\$ 6,347,103	\$ 8,445,760	\$ 893,804	

Note (a)To record the disposition of substantially all of the assets for \$350,000 and the assumption of \$2,079,353 of liabilities of the Company on January 1, 2004.

Note (b)Comprised of directors' fees and professional fees of auditors and legal counsel.

Ashlin Development Corporation f/k/a Health & Nutrition System International, Inc. Pro Forma Statement of Operations for the Year Ended December 31, 2003 (Unaudited)

	Historical	Unaudited			
	2003	Pro Forma	Pro Forma		
Net revenue	\$ 6,552,206	6,552,206	- (a)	-	
Cost of sales	2,514,758	-	2,514,758 (a)	-	
Gross profit	4,037,448	6,552,206	2,514,758		
Operating expense:					
General and administrative expense	2,113,918	-	1,934,909	179,009 (b)	
Advertising and promotion	1,428,838	-	1,428,838 (a)	-	
Depreciation and amortization	21,760	-	21,760 (a)	-	
Total operating expense	3,564,516		3,385,507	179,009	
Income (loss) from operations	472,932	6,552,206	5,900,265	(179,009)	
Other income (expense):					
Gain on disposition	_	_	381,787 (a)	381,787	
Gain on sale of trademark	274,945	274,945	-	-	
Interest expense	(46,518)	-	46,518 (a)	-	
Other income (expense)	(5,000)	-	5,000 (a)	-	
Total other income (expense)	223,427	274,945	433,305	381,787	
Income before income taxes	696,359	6,827,151	6,333,570	202,778	
Benefit (provision) for income taxes	-	-	-	-	
Net income	\$ 696,359	\$ 6,827,151	\$ 6,333,570	\$ 202,778	

Note (a)To record the disposition of substantially all of the assets for \$350,000 and the assumption of \$1,776,446 of liabilities of the Company on January 1, 2003.

Note (b)Comprised of directors' fees and professional fees of auditors and legal counsel.

Exhibit Index

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10.2	Asset Purchase Agreement dated October 15, 2004, between the Company and the Purchaser (incorporated herein by reference to Exhibit 2 to Exhibit 2.1 of the Form 8-K of the Company filed with the Commission on January 14, 2005).
<u>99.1</u>	Press Release dated January 27, 2005.

Ashlin Development Corporation (f/k/a Health & Nutrition Systems International, Inc.) Completes the Sale of Substantially All of Its Assets

West Palm Beach, Fla, January 27, 2005 – Ashlin Development Corporation, a Florida corporation (f/k/a Health & Nutrition Systems International, Inc. (OTC Bulletin Board: HNNSQ.-News; the "Company"), announced that on January 25, 2005, the sale of substantially all of its assets (the "Assets") to TeeZee, Inc., a Florida corporation (the "Purchaser"), was completed pursuant to the Asset Purchase Agreement dated October 15, 2004, between the Company and Purchaser (the "Asset Purchase Agreement"). The Asset Purchase Agreement was entered into as part of the Company's Amended Plan of Reorganization, which was approved on January 10, 2005 by the U.S. Bankruptcy Court, Southern District of Florida, in Fort Lauderdale, Florida (the "Plan"). The closing of the sale is a condition precedent to the effecti veness of the Plan.

The purchase price for the Assets was \$2,191,160.23, which consisted of the assumption by the Purchaser of \$1,841,160.23 of liabilities of the Company, a cash payment from the Purchaser to the Company of \$250,000, and the release to the Company of \$100,000 in cash that had been funded by the Purchaser into escrow in accordance with the terms of the Asset Purchase Agreement.

The Company intends to use approximately \$25,000 of the cash proceeds received in the transaction to repay amounts owed to Garden State Nutritionals, a division of Vitaquest International, Inc., and to utilize the remaining cash proceeds to fund future operating expenses of the Company as well as the costs, fees, and expenses of the Company that were incurred in connection with the Plan.

In connection with the sale, the Company changed its name to "Ashlin Development Corporation" and assigned its rights to the name "Health & Nutrition Systems International, Inc." to the Purchaser.

From and after the effective date of the Plan, the Company intends to engage in the business of seeking suitable commercial activities or a strategic alliance with an operating entity.

This press release contains "forward-looking" statements. Any statements that are not statements of historical fact should be regarded as forward-looking statements. For example, the words "intends," "believes," "anticipates," "plans," and "expects" are intended to identify forward-looking statements. There are a number of important factors that could cause the Company's actual results to differ materially from those indicated by such forward-looking statements. These factors include, without limitation, those factors described in the Company's SEC reports, including its Annual Report on Form 10-KSB for the year ended December 31, 2003, as amended, and its Quarterly Report on Form 10-QSB for the quarter ended September 30, 2004. The Company does not undertake any obligation to update any such factors or to publicly announce the result of any revision to any of the forward-looking statements contained herein to reflect future events or developments.

For more information, contact: At the Company: James A. Brown, Chief Executive Officer (561) 863-8446 Email: jabrown@gate.net

Source: Ashlin Development Corporation